

Look What I Can Do!





U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Substance Abuse Prevention
www.samhsa.gov


**We can do a lot of things.
I can skate. I can swing.
We will show what we can do.
When we're done,
We'll watch you, too!**



I can count to 100, I add and subtract.

I can count very fast,

And that's a fact!

$$1 + 1 = 2$$


$$2 - 1 = 1$$


$$2 + 2 =$$


Good job,
Thurgood!

$$2 + 2 = 4$$

I can count to the number

Can you do what I can do?
Can you tie up your own shoe?
Watch me make this loop go through.
Go on, try it on your shoe!



Can you tie
your shoe?

YES NO

CIRCLE ONE

Aa

I can say my A-B-Cs.

I can write them, watch me, please.

I can write them big and small.

See my favorite on the wall?

Bb

Cc

Wow, Miguel,
you made this M
just right.

Dd



Gg

Kk

Mm

Pp

Rr

Ss

Tt

Uu

My name begins with the letter

Books and more books everywhere.
Books are here, books are there.

Here's my card.
I'm looking around.
I'm looking everywhere,
not making a sound.

Now, you
are ready to take
out books.

Thank you.
I'll take good care
of them.



I wrote my name
to get my card.
Can you write
your name?
Practice hard.

Write
your name
here



My tummy says, It's time to eat.
What do I want? What's a treat?

When I get hungry, I go to the shelf.
I can make a sandwich all by myself.

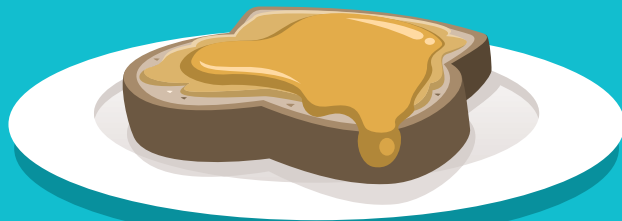
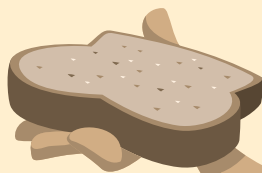


2 slices of
whole wheat
bread
Peanut Butter
Honey

I did it!

What a
good job,
Wally!

What snack
can you
make for
yourself?



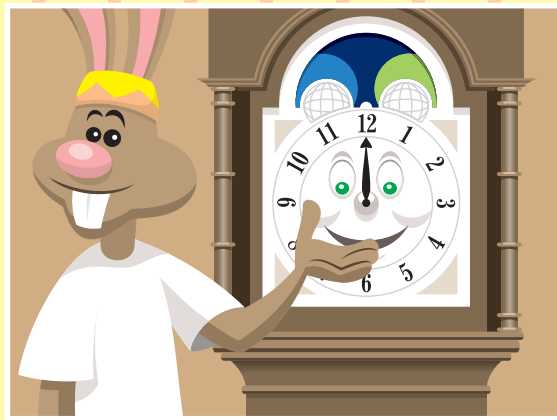
**I know my shapes,
I can draw them, too.
A circle for me,
A triangle for you.**



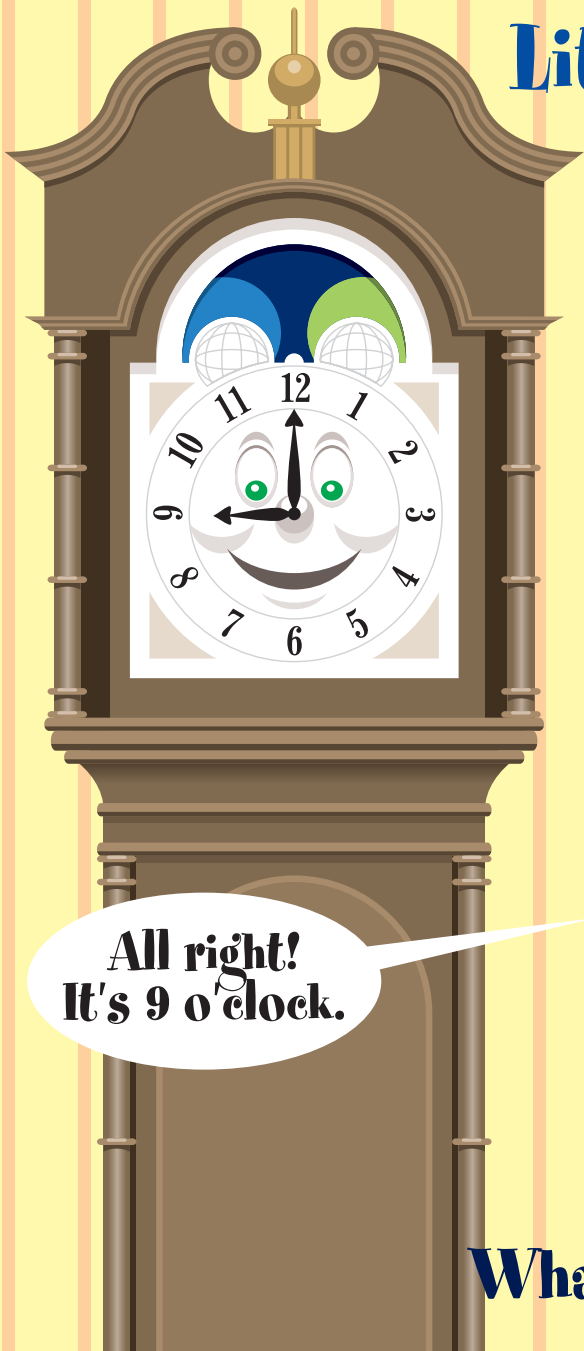
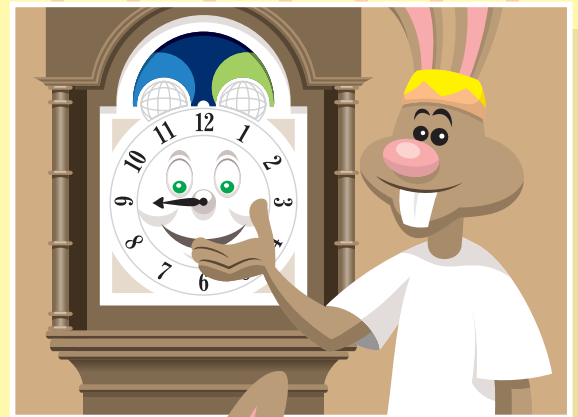
**Show me
the shapes you
can draw.**

**Look at the clock,
I can tell time!**

Big Hand on 12.



**Little Hand
on 9.**



**All right!
It's 9 o'clock.**



What time do you go out to play?

Look at what the Friends can do together.





**Watch me,
Mom!**

**I can
see you,
Kristi**

Clap
Clap

What do you like to do with your friends?

**Draw a picture to show what
YOU can do!**



Tell us about your picture.

▶ _____





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